182 RECIPES II: AN AFTERNOON



FLAKY CHEESE AND PICKLE SCONES

MAKES 6 LARGE SCONES

Technic	Th	The hu			
Lamination pg.69		g.69		d pic	
Equipm 6.5cm c				ould the	
210g	plain flour	n flour		5 mins	
30g	dark rye flour				
10g baking powder			Mi	Х	
	(about 2½ tsp)				
4g	flaky sea salt (abc	out			
	11⁄8 tsp)				
2g	black pepper (abo	out	1	Get	
	1 tsp)			the	
100g	mature Cheddar			to tł	
	cheese, grated				
110g	butter, very cold		2	Add	
75g	pickled gherkins,		2	<u></u>	
	drained and chop	ped	3	Cut	
120g	buttermilk (see N	ote)		the	
Egg was		sec			
00				laro	

or the flakiest scones possible.

5 mins

Add

folds

1	Get everything cold. And I mea
	the freezer for 20 minutes before
	to the touch.

Add all the dry ingredients into a bowl, plus half the grated Cheddar cheese.

- Cut the butter into 2cm cubes. Using the paddle attachment or your fingertips, work the cold butter into the dry ingredients, along with the chopped gherkins for about 30 seconds. Only go so far that the butter is in irregular-sized pieces. You need some larger bits of butter to get the layers later.
- there can still be dry bits.
- 5 Tip onto a clean surface and push together, scraping all the dry bits into the middle.
- 6 Roll to approximately 40cm long, sprinkle over half of the leftover cheese and perform a single fold - that's when you bring the top down two-thirds and then the bottom over the middle third, like a business letter!
- 7 Turn 90 degrees and roll to 40cm long, then sprinkle over the rest of the cheese and perform another single fold. Use a knife or a bench scraper to cut the folded edge this will give you the best layers possible.
- 8 Pat the dough into a rectangle around 2.5–3cm high. Trim the edges (you can bake these as snack scraps!) and pat down slightly to get the dough back into proportion. Cut into six large squares. Place on a baking tray lined with baking paper and put into the freezer for 15 minutes or the fridge for 45 minutes.
- 9 Preheat the oven to 220°C/200°C fan.
- 10 Gently brush the tops of the scones with egg wash, if desired. Bake for 12–15 minutes (watch the colour), then turn the oven down to 190°C/170°C fan and continue cooking for 5–10 minutes until the scones are golden and well baked. Transfer to a cooling rack to cool, then serve warm.

If you don't have buttermilk, mix 115g whole milk with 5g white wine vinegar and then leave in the fridge to curdle for about 5 minutes. It will appear thickened but a bit split.

Note

BREADS

183

he humble cheese scone is given the flaky treatment. The addition of rye flour nd pickle chunks in the layers gives these scones a deli sandwich energy that ould be welcome at any picnic. Working fast and having a light touch here is key

Total: 1 hr 15 mins

5 mins	15–45 mins	25 mins	20 mins	
Shape & cut	Rest	Bake	Leave to cool	

an cold. If you have time, put your dry ingredients in pre mixing. Your butter must be fridge-cold and firm

4 Now, add the buttermilk in a steady stream and mix until it is looking just hydrated -